



# Kentucky Self-Advocates for Freedom, Inc.

P. O. Box 23555 / Lexington, KY 40523-3555

859/245.0717

## Board Meeting Agenda & Minutes

**Springhill Suites, 820 Phillips Lane, Louisville**

### **Wednesday, July 29**

1:00 – 5:00 p.m. Governance Committee Meeting

Governance Committee Members:

Donna Caudill, Cathy Jo Edwards, Mary Anne Ostertag,  
April Sharon, Joe Trammell

6:00 p.m. Board Dinner & Networking

### **Thursday, July 30**

10:00 a.m. Board Orientation

Noon Board Lunch

1:30 p.m. Board Orientation

6:00 p.m. Board Dinner & Networking

### **Friday, July 31**

10:00 a.m. Board Meeting

Noon Board Lunch

1:30 – 3:00 p.m. Board Meeting

## **Thursday, July 30**

- President Jim Chesser called the meeting to order at 10:05 a.m.
- Announcements & Good Things to Share. Mary Anne Ostertag introduced herself as the chair of the Governance Committee. Ruth

Brumley introduced Cathy Fain as her support person. Kelly Knoop and Karen Knoop announced that Kelly surpassed \$100,000 in fundraising and was presented with a crystal trophy. Karen said they had attended the ADA meeting in Frankfort on Monday. A proclamation was presented making this ADA week.

Cheryl Bogarty announced that Jim Chesser attended her training yesterday and it was successful. Germaine O'Connell introduced herself as our new Kentucky Council on Developmental Disabilities contact. She retired from state government and is a consultant. She will be coordinating public policy and advocacy. She said that she would be pleased to present a training session about how we can be advocates and support the DD Council's public policy efforts.

Abby Ramser is going back to school to specialize in speech therapy to help people with disabilities. She is driving again—she had not been driving because of her epilepsy.

Felicia Napier is going back to work teaching English as a second language. Her insurance will be paying for her to have weight-loss surgery.

Grant Logsdon announced he is starting to walk. Antoine is Grant's support person. He said that he moved back to Louisville. He came with the Louisville Fire—arena football and he substitute teaches.

Nancy Chesser announced that she will be retiring for the second time. She will still be doing some parent training.

Beckey Rose thanked the Lord that she is up and going this morning. She is grateful to have her kids and her home and that she is here. Gertie's mother is well and life is good! Cathy announced that

Mark announced that all is well. He had surgery for cancer and is doing well. They caught the cancer in time. He is now cancer-free.

Heather Bava announced that she is back from vacation. Whitley, Jackie's support, announced that she is going to college in August for her second year.

Jackie York got her ears pierced, she had highlights in her hair for the first time. Roger Brooks got off work to come here. He does maintenance at Big Lots.

Joe Trammell is working on his house. It took a month to paint and re-do his front room and kitchen. He has a dog named Wolfie and he misses him. He is grateful to Beckey for bringing him from Pine Knot. Jim Chesser announced that he is the inaugural Bluegrass State Games gold medal winner for special bowling.

- Working together: Cheryl Bogarty let the group in a discussion of "What it means to be a board member":
  - **Being a team means:**  
**(most important to this board)**
  - **Each person gives input 12**
  - Complement each other
  - Support each other—support the vote
  - Like each other
  - There is no "I" in team
  - **We can disagree 12**
  - **Work together to get a common goal 12**
  - Make decisions
  - **Set differences aside 18**
  - Get each others' backs
  - **Respect and value 18**
  - Play together
  - **Never give up 19**

- Cheryl led the group in a discussion to set KYSAFF Meeting Ground rules—how we want to meeting run:
  1. Cell phones on silent or vibrate.
  2. One person speaks at a time.
  3. Respect one another.
  4. Raise your hand if you wish to speak.
  5. Keep on the issue.
  6. Be patient with one another.
  7. Don't interrupt one another.
  8. Allow for breaks.
  9. Be prepared for the meeting.
  
- ❖ Mission: Board members read the KYSAFF mission.
  
- ❖ Adrienne went through the Board binder with members and asked that they bring the binder to each meeting. We will be adding information each board meeting.

President Jim Chesser adjourned the meeting at 4:20p.m.

### **Friday, July 31**

President Jim Chesser called the meeting to order at 10:07 a.m.

Cheryl Bogarty read the ground rules that the group prepared yesterday.

Jim Chesser acknowledged Pat Wentzel who said that he sister is getting married next month. She has a new job filing charts at a doctor's office.

Jim had board repeat the team pledge.

❖ Adrienne let a discussion on: How we got here: history of KYSAFF: Board members who were with KYSAFF at its founding provided the history of the organization.

- Nonprofit tax status: 501 (c) (3)
- Who we serve: Board members
- What we do
- How you got here / nominations process
- Responsibilities
- Committees: in October
- Offices/officers: Mary Anne Ostertag & Adrienne Grizzell
- Staff / state coordinator
- Hired by board
- Report to board
- Home office
- Goals for the year: advocacy—table until October for Germaine.

- Approve minutes of the February 2009 board meeting. Jim asked Whitley to read the minutes for approval. Minutes were approved.
- Treasurer's Report. Treasurer Mark Newton announced:
  - ❖ Checking account balance: \$11,904
  - ❖ Certificate of deposit balance: \$4,392
- Fundraising.
  - ❖ Old Kentucky Chocolates Fundraising Program. Cathy Edwards said that at work a friend was selling chocolates to buy sports team uniforms. She thought we might raise money by selling chocolate. Karen said that it has been a great fundraiser. Alan said he would help. Roger asked if there was sugar-free. Adrienne said she would find out. Jim asked if board members would promise to attempt to sell candy bars to make money for KYSAFF. Jackie, Cathy, Grant, Mark, Ruth, Joe, Pat, Jim, Gertie, Cheryl, and Kelly. Joe made a motion to purchase chocolate for the group to sell. Jackie seconded. Motion carries.

The board asked Adrienne to purchase chocolates for the February meeting. Joe asked if some of the proceeds would be shared with the chapter. Cathy made a motion that the funds benefitted the state organization. Jim Chesser seconded the motion. Motion passed.

Joe Trammell asked that the Governance Committee address a financial split with chapters at their October meeting.

- Adrienne shared that she had received letters encouraging grant proposals from:
  - Foundation for A Healthy Kentucky: board meeting expenses
  - First Southern Foundation: operating funds
  - Fifth Third Foundation: operating funds
  - James Graham Brown Foundation: board meeting expenses

Alan made a motion that KYSAFF make a donation to the Bowling Green Buddy Walk. Pat seconded. There was discussion. Motion did not pass.

- Chapter Reports:
  - ❖ Southeastern Kentucky People Who Care. Joe shared that his chapter is in trouble. We have lost some members. Next week, August 7, Cheryl Bogerty and Adrienne are going to Corbin to attend the chapter meeting and Cheryl will hold a training session. We are asked members to attend and seeking new members as well.

Joe announced that the chapter files and belongings are at Elvis' and he has moved from his home. Joe is asking KYSAFF to authorize him to use CIP funds to purchase a storage building not be exceed \$2,000 to be placed on his property to hold the chapter records. Jim seconded. Motion passed.

Joe asked that the board authorize that CIP funds be used in McCreary County as well as in Tri-County. Cathy seconded. Passed.

The board broke for lunch.

The meeting resumed at 1:03 p.m.

- Chapter Reports:

- ❖ Greater Lexington Chapter. No report available.
- ❖ Central Kentucky Self-Advocates. Jim Chesser announced that Reba McDonald has been named to the HDI Advisory Committee. Reba resigned and Megan Baker has agreed to be our representative.
- ❖ Lake Cumberland Chapter. The chapter went to the Wolf Creek Dam and had an educational tour and picnic. We will go to the Jamestown Marina. Had a picnic with the Campbellsville Chapter.
- ❖ Campbellsville Chapter had a float in the July 4 parade honoring our service men and women. Scouts saluted the soldiers during the parade. They are working on expanding membership.
- ❖ Louisville Self-Advocates in Action. Felicia shared that they have a new member, a male, who they met at the annual meeting. The chapter is going to the fair—it is their annual outing. They will be advertising because they will all be wearing their tee shirts.
- ❖ Louisville Metro Connection. They meet on the third Tuesday of the month and are planning a meet and greet to learn about self-advocacy in September. They have new members. They are planning their October annual dance. They raised \$400 last year.

They sold snacks as well. They had a presentation about a bill becomes a law and how important their letters and phone calls are. They are getting ready to do computer skills at Spaulding College lab. They still are going to schools and giving talks.

- ❖ Mattingly Center chapter is growing. Mary Ann Montgomery has been working with the group to make their bylaws.
- ❖ Disabilities Coalition of Northern Kentucky.
- ❖ Grant announced that he is starting a new chapter in Louisville.
- ❖ Owensboro Chapters: Western Kentucky Self-Advocates and Owensboro Self-Advocates for Change.
- 2009 Education Conference and Annual Meeting Report
  - ❖ Conference committee comments. Joe thanked all the volunteers who made the conference successful.
  - ❖ Evaluation results
  - ❖ Silent auction proceeds: \$582
  - ❖ Registration fees: \$180
  - ❖ Ad/exhibit revenue: \$850
- 2010 Educational Conference and Annual Meeting:  
Holiday Inn North Lexington
  - Friday, May 14                      Board Meeting & Membership Dance
  - Saturday, May 15                  Annual Meeting & Conference
  - ❖ Conference committee. Jim announced that he appointed the Lake Cumberland and Campbellsville Chapters.
  - ❖ Dance/friendship/music: suggestions
  - ❖ Speakers/topics/keynote
  - ❖ Exhibits/program ads
  - ❖ Silent auction
  - ❖ Keep ad rates

- ❖ The same? Keep chapter & individual fees the same? Abby suggested that there be a dance fundraiser event at the annual meeting.
  - ❖ Adrienne will Google Cody Unser.
  - ❖ Cathy suggested having sports ticket donated.
- ARC Annual Conference: April 23-24, 2010, Louisville Marriott East
    - ❖ Planned self-advocates track planned
    - ❖ Are you interested in participating?

Offer the ARC these topics:

- Two married self-advocates—their story
  - Roger, Jackie and Joe's stories
  - Jim Chesser's Business
  - Ask if a KYSAFF representative could be on the ARC board?
  - What does it mean to live an independent life? i.e. Grant will share what it means to have one's own apartment.
- Website Update: Joe Trammell. Need updated list for photo permission.
  - Cathy Edwards asked the board if the organization would pay \$40 per month for her Internet service to help her do her job as secretary. Jackie seconded the motion. Passed.
  - Status of donated computers from the Bluegrass Technology Center.
  - Governance Committee Report. Mary Anne Ostertag
    - ❖ Bylaws completed June 2008
    - ❖ Policies and procedures
  - Additional Business.

- Board birthdays were added:

Jackie: August 10

Roger: October 9

Mark: August 31

Cathy Fain: March 31

Alex: April 19

Abby: January 4

Whitley: December 10

Heather: February 20

Grant: January 13

Ruth:

Pat: September 24

- Adjourned at 2:32 p.m.

## **July 29, 2009 Governance Committee Meeting**

Mary Anne Ostertag, Joe Trammell, and Cathy Jo Edwards attended the Governance Committee meeting on July 29, 2009.

Chair Mary Anne called the meeting to order at 12:55 p.m.

April Sharon is giving an advocacy presentation and will not attend.

The committee agreed to review the Call for Nominations form and a conflict of interest statement.

Up for elections in May 2010 are: Joe Trammell, Alan Wells, Felicia Napier, and April Sharon.

Joe suggested that newly-elected board members should not be able to be officers until they are on the board for one year. This committee will bring this issue to the board for discussion.

The committee reviewed the "Board Statement of Understanding" and will present this to the full board for a vote to accept it as a policy and recommend that all board members be required to sign it.

The committee suggested that the permission to use photos be signed for this year.

The committee recommended meeting before the October 2009 board meeting to discuss what committees do, review which committees we need, and to see which policies and procedures we need to address.

The meeting was adjourned at 2:45 p.m.